



IX Baltic Open Masters Athletics Championship 2022



RULES & REGULATIONS

1. Goals

- 1.1. To promote and develop masters within the Baltic and neighbour states.
- 1.2. To identify the best masters in the Baltic region.
- 1.3. To encourage cooperation between Baltic masters and their National Associations as well as to foster international friendship, understanding and cooperation between masters.

2. Date and Place

2.1. Championship will be held on 10-11 of September 2022 in Lithuania, in the central stadium in Klaipėda, Sportininku str.46.

2.2. The activities in scheduled events will begin:

- Saturday, September 10th – 14:00;

- Sunday, September 11th - 10:00.

3. Organizers

- 3.1. Lithuanian Athletics Federation.
- 3.2. Lithuanian sports masters association „Penki žiedai“.
- 3.3. Klaipėda athletics masters sports club “Ažuolas”.

4. Participants

4.1. Championship is open to all masters born not later than on 10 September 1987 in the following age categories:

4.1.1. Women: W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85+

(W – Women, or 1st-11th groups).

4.1.2. Man: M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85+

(M – Men, or 1st-11th groups).

4.2. Each participant upon registration signature confirms the following:

4.2.1 is properly trained, and is in good health, and therefore is ready to compete in the events he/she has registered;

4.2.2 will comply with all the rules, all written and verbal instructions that may be issued or provided by organizers;

4.2.3 the registration information provided to the organizers of the Championship is correct;

4.2.4 does not object to use of their personal data in the Championship protocols, the use of their photographs and videos taken by organizers during the Championship in the public materials of the Championship.

5. Programme

5.1. Women: 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m, 5000m walking, relay 4x100m, high jump (HJ), long jump (LJ), triple jump (TJ), shot put (SP), javelin (JT), discus (DT), hammer (HT), weight (WT).

5.2. Men: 100 m, 200 m, 400 m, 800 m, 1500 m, 5000 m, 5000m walking, relay 4x100m, high jump (HJ), long jump (LJ), triple jump (TJ), shot put (SP), javelin (JT), discus (DT), hammer (HT), weight (WT).

5.3. Preliminary schedule is attached to the Guide. The **final schedule will be published September 7, 2022 at the latest.**

6. Registration

6.1. Start of registration <https://sites.google.com/view/llav/registracija> : www.lengvoji.lt from July 18, 2022.

6.2. The end of registration - September 3, 2022.

7. Entry fee

7.1. Any participation - related expenses are covered by a himself/herself or his/her organization.

7.2. Entry fee must be paid before **September 3, 2022.**

7.3. **Participant who have not registered in time and not paid entry fee in time will not be allowed to compete.**

7.4. Entry fee is as follows:

7.4.1 for the first event - 15 EUR;

7.4.2 for each additional event - 3 EUR;

7.5. Bank transfer must be sent to: Klaipėdos miesto lengvosios atletikos veteranų sporto klubas „Ąžuolas“, Taikos pr.54., LT-91183 Klaipėda, į/k 193176011, Swedbank AB, banko kodas: 7300 a/s LT66 7300 0100 0230 5043.

8. Technical rules

8.1. Championship is conducted in accordance with the World Masters Association (WMA) technical rules of International Association of Athletics Federations (IAAF).

8.2. Organizers reserve the right to alter any rule if needed due to time constraints or other considerations occur.

8.3. The appointed official will have the right to disqualify whose participation is considered dangerous to themselves or to any other participant.

8.4. The organizers will not be responsible for any injury, loss or damage to a participant or his/her property which he may sustain in the course and in connection with Championship.

8.5. Individual tools are delivered for inspection at 1 a.m. each day of the competition before the start of the event.

9. Awards

9.1. Medals will be awarded to the winners of the 1st, 2nd and 3rd place of each age group.

10. Additional information and contacts

E-mail zieduna@bielinis.net, Tel. +370 685 18308 Žiedūna Bielinienė



Klaipėda is the Northernmost ice-free port in the Eastern coast of the Baltic Sea, the third largest city and the only port in Lithuania. The city was founded in 1252 by the Livonian Order. It is the oldest city in Lithuania and one of the oldest in the Eastern coast of the Baltic Sea.